

# SAR OPERATIONS

## CLOTHING & EQUIPMENT LIST

### BASIC CLOTHING—ALL OPS

- Long trousers (wool or pile in winter)
- Hiking shorts (summer)
- Long sleeved shirt (wool in winter)
- 2 large bandanas
- Wool or polypro hat (balaclava in winter)
- Wool or polypro mittens
- Shell parka (breathable) with hood
- Leather work gloves
- Boots with lug soles
- Pile, pola-guard, or down jacket
- Wool/polypro underwear top & bottoms
- Poncho or rain jacket with hood
- Rain chaps or rain pants
- Helmet
- Blaze orange vest and hat cover

### BASIC EQUIPMENT—ALL OPS

- Large day pack (or) full size pack
- 24-hour emergency ration
- Headlamp/flashlight with batteries
- Large drinking cup (16OZ)
- Spoon/Spork
- (2)1-qt. bottles or bladder
- Pocket knife or multi-tool
- Saw and/or hatchet
- Compass (liquid filled)
- Candle (steric acid -hard)
- Butane lighter / waterproof matches
- Whistle (plastic)
- Sun screen & Insect repellent
- Potable Aqua purification tablets
- Toilet paper (white biodegrades best)
- Dark glasses (glacier glasses winter)
- Prescription glasses or contacts as needed
- Emergency storm shelter
- Pocket notebook and pencil (in Ziploc)
- Watch
- 2" x 3" glass signal mirror with hole
- Surveyors ribbon
- 50 ft. parachute cord (bright)
- Seat harness
- Climbing hardware as needed
- Personal first aid items
- Driver's License
- Money

(\*) - not needed by all members of a group

(+) - sometimes needed during summer

### OVERNIGHT OPS

- Full-size backpack
- Foam Pad (closed cell)
- Diddy bag or bivi-sack or ground sheet
- Tarp, tent, or tube tent shelter (\*)
- Stove (\*)
- Cook pot with fry pan lid (\*)
- Fuel bottle with fuel (\*)
- Sleeping bag (+20° sum,-15° win)
- Screw top containers for food
- Plastic bags for food and clothing

### ADD FOR SPRING, FALL & WINTER

- Shell (breathable) over mitts
- Wind trousers (breathable)
- Gaiters (high) (+)
- Extra pair wool/polypro mittens
- Face mask
- Crampons with tip covers (+)
- Ice axe with tip covers (+)
- Avalanche cord (+)
- Snowshoes (or) skis and poles
- Snowshoe/ski repair kit
- Snow shovel

### FIRST AID KIT CONTENTS

- Acetaminophen or aspirin tablets
- Plastic bag, zip lock, qt. size (for kit)
- Antacid tablets
- Antiseptic cleansing pads or hand sanitizer
- Razor blade, single edge safety type
- Antiseptic ointment
- Roller gauze bandage
- Band-aids, various sizes
- Safety pins, large
- Splinter forceps, tweezers
- Cotton swabs, non sterile
- Duct tape, 5 – 10 ft.
- Towelette, clean
- Moleskin
- Pair latex gloves
- Bandanna and Ace wrap
- Two 2x2's
- Alcohol prep pads
- Pocket mask
- Trauma scissors
- Glucose Tablets